



FULL SPECTRUM Executive Coaching Program

This program is designed for the executive who is very serious about his/her professional and personal development and wants to accomplish greater goals more quickly.

Working with your professional coach, you will have an objective listener and confidant who is in your court. Through coaching, you will gain clarity by defining your desired vision/ future state/goals and developing a roadmap to get you to where you want to go.

Your coach will help keep you on your desired path, review your progress, and be the person to hold you accountable to yourself.



Personal Talent Inventory –TriMetrix System™. A comprehensive leading edge highly validated assessment of your personal talents.

OPTIONAL: 360 Degree Feedback Survey



TriMetrix™ Coaching Report

The TriMetrix™ Coaching Report was designed to increase the understanding of your talents. The 60-page report provides insight into three distinct areas: behaviours, motivators, and attributes. Understanding one's strengths and weaknesses in each of the three areas will lead to personal and professional development and a higher level of satisfaction.



A two to three hour debrief session of your personal talents resulting in a personalized development plan. We will require three to four hours if you have chosen to include a 360 degree feedback survey.



We will prescribe up to 6 to 12 topic-specific developmental Rx CD's for you. The Rx CD System™ is a completely integrated way for you to build on what you've discovered through your assessment report debrief.

These state-of-the-art, cutting-edge CDs offered through the Rx CD System™ can aid you in overcoming your barriers to success and will also allow you to build on your existing strengths to take you to peak success.

Each and every Rx CD gives you an in-depth audio course and course manual with real-life applications with regards to the specific, targeted areas of development revealed in your personalized TriMetrix™ Coaching report. No matter what type of learner you are, the Rx CD System has you covered. In addition, you will be working with your professional executive coach to support and deepen the learning.



2 Hours of one-on-one coaching each month in person and/or on a toll-free line.

Together with your professional executive coach, you will review progress, challenges, successes, and significantly accelerate your professional and personal development. Your coach's role will include making stretch requests to help you accomplish greater goals more quickly. Following each session, you will receive an electronic e-cap summary.



A one-year subscription to RxCD On-line. You will gain unlimited access to a completely web-based system for studying, reviewing and testing yourself on the material contained in the RxCDs.



Access to additional brief calls to celebrate successes or share challenges in-between coaching sessions.



Unlimited e-mail support

Prism Group International

Sophie Cousins-Mathewson

Professional Certified Coach ~ Certified Corporate Coach

Coaching Practice Leader

705.745.3227 ~ 866.554.5547

sophie@prismgroup.ca ~ www.prismgroup.ca

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